

iTTTi Vancouver Safe Travel, Arrival and Quarantine Readiness Overview

iTTTi Vancouver as an accredited Languages Canada school will be following the conditions and protocols as below. Please note, these conditions and protocols are as recommended and/or mandated by the federal and provincial governments of Canada.

1) Students and agencies are informed prior to travel to Canada regarding the requirements and procedures and are required to commit to following the policies and procedures as outlined below:

- Are aware of their requirement to comply with the Government of Canada's [Quarantine Act](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#a2), (<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#a2>) (including the penalties of violation of the Quarantine Act, which include up to 6 months in prison and/or \$750,000 in fines.
- Have agreed to and read the iTTTi Vancouver Safe Travel/Arrival and Quarantine document which outlines what to prepare pre travel, how to arrange appropriate quarantine accommodation, what to do on arrival and what to do in quarantine. Students or their agents must submit their plan to iTTTi Vancouver, prior to confirming their arrival in Canada.
- Have downloaded and registered via the [ArriveCAN App](#) (free download) and have downloaded the [BC COVID-19 app](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#a_arriveCAN) (https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#a_arriveCAN) <https://www.thrive.health/bc-covid19-app> as well as any self- isolation forms recommended by provincial authorities (e.g. the following is recommended in British Columbia: <https://travelscreening.gov.bc.ca/> PLEASE NOTE: You must download and fill out the information on the [ArriveCAN App](#) before boarding your flight in your home country. On arrival you will be required to show that your quarantine plan has been digitally registered via the app.
- Have appropriate medical insurance, effective as of the date of the students' arrival, which includes coverage for COVID-19 during the quarantine period and during their study period or until if applicable they apply for BC MSP. . [Guard.me International Insurance](https://www.guard.me/covid-19.php) (<https://www.guard.me/covid-19.php>) confirms that their student insurance policy provides full medical coverage against COVID-19, including during the period of quarantine. Additionally, [Keep.meSAFE](#) by Guard.me) offers 24/7 access to mental health support. If students are using other medical insurance, they must provide proof that it includes coverage for COVID-19.

Arrangements for quarantine

iTTTi Vancouver will confirm in advance that the students' quarantine accommodation meets the federal and provincial requirements in site that is equipped to follow necessary procedures to provide a safe, comfortable, full-service two-week COVID-19 quarantine period.

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This quarantine may be offered at a homestay accommodation, student residence or hotel, provided the facilities have established comprehensive COVID-19 quarantine protocols that are in line with the [Public Health Agency of Canada's quarantine guidelines](https://www.canada.ca/en/public-health/services/publications/diseases-conditions/coronavirus-disease-covid-19-how-to-self-isolate-home-exposed-no-symptoms.html), (<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/coronavirus-disease-covid-19-how-to-self-isolate-home-exposed-no-symptoms.html>) as well as procedures in place for supervision of students in quarantine.

iTTTi Vancouver students using our homestay service will be staying with homestay families that have been educated in the correct procedures and are prepared to meet the quarantine guidelines. Additionally, students not staying in homestay have the option of several hotels that have been identified as designated LC quarantine sites for international students within the following cities: Toronto, Montreal, Vancouver, Calgary, Victoria, Winnipeg and Halifax. All quarantine sites have implemented rigorous COVID-19 operating procedures as per the Hotel Association of Canada's Best Practices for Guests in Self Isolation <http://www.hotelassociation.ca/wp-content/uploads/2020/03/Hotel-Operating-Procedures-%E2%80%93-Self-Isolation.pdf>

These hotels are equipped to provide a full-service quarantine package to students, including:

- Private, safe transport from the airport to the hotel.
- Delivery of three meals per day to the students' room;
- A room prepared with adequate toiletries, linens and other supplies for 14 days;
- Adherence of all staff to rigorous hygiene, cleanliness and physical distancing practices;
- Monitoring services to ensure the students do not leave their room.

Students will have access to COVID-19 testing services during their mandatory 14-day quarantine upon arrival in Canada, in the provinces that require it (e.g. Ontario).

In transit

While in transit to the port of departure in their home country, in airports and during flights, students will be expected to follow all recommended personal hygiene and physical distancing guideline as per their Checklist, including:

- Wearing a mask and gloves.
- Washing/sanitizing hands frequently.
- Observing appropriate physical distancing.

Upon arrival

iTTTi Vancouver will ensure that students understand the expectations around their arrival in Canada, including:

- Students must wash/sanitize their hands, wear a fresh mask and gloves and respect physical distancing requirements while in their arrival airport.

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- When passing through Canadian customs, students will be required to acknowledge that they must quarantine (self-isolate) for 14 days and will be required to present their Quarantine Plan to the CBSA agent. This is the plan that has been digitally registered on the [ArriveCAN app](#).
(It is also advised to complete the quarantine plan for the province of British Columbia at <https://travelscreening.gov.bc.ca/> however at this time it is optional)
- Students will meet their pre-arranged safe transportation in a pre-arranged pick-up area. The safe transportation will be provided by the designated quarantine site and will respect necessary quarantine requirements (i.e. only one passenger at a time; driver and passenger wearing masks and gloves; vehicle is sanitized between users.)
- Students must contact the student services officer at their host school to confirm their arrival and pick-up by their designated transport.
- Students will be transported immediately and directly to their designated quarantine location.
- During check-in at the quarantine site, students will wear a mask and gloves and respect all necessary personal hygiene and physical distancing guidelines.
- Immediately following check-in, students will be escorted to their room.
- The quarantine provider will contact iTTTi Vancouver to confirm that the student(s) have arrived at their quarantine location.
- After arrival at your quarantine site, you are also required to confirm via the ArriveCan app that you have arrived at your place of quarantine or isolation and complete a daily COVID-19 symptom self-assessment during your quarantine period.

During quarantine

As an LC member, iTTTi Vancouver remains committed to exceptional student experience, including ensuring that all international students' 14-day quarantine period is as productive and enjoyable as possible, while adhering to strict isolation requirements.

Responsibility for oversight of students in quarantine rests with iTTTi Vancouver counselors and school principal who will monitor homestay families to ensure compliance with quarantine rules.

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Designated quarantine sites will:

- Attend to students' immediate needs, such as provision of three meals per day, any needed toiletries, linens, etc.
- Ensure appropriate sanitization measures are in place.
- Provide monitoring services to ensure that students do not leave their room during the 14-day quarantine period.

iTTTi Vancouver will:

- Conduct regular telephone check-ins with students to inquire about their mental and physical health.
- Provide students with the option to join in some preparatory English lessons virtually during quarantine.
- Provide students with optional virtual social, wellness and entertainment activities.

Students will be required to self-monitor for symptoms of COVID-19, including taking their temperature daily.

As per the self assessment tool, <https://www.thrive.health/health-canada-self-assessment-tool> if a student experiences any symptoms of COVID-19 during the quarantine period, he/she must follow the directives of the Health Agency of Canada <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/covid-19-how-to-isolate-at-home.html> and immediately notify both the quarantine provider as well as iTTTi Vancouver.

Any student who has a suspected or confirmed case of COVID-19 will be required to remain at their quarantine site until a medical practitioner has confirmed they are clear of these symptoms and/or the student has tested negative for COVID-19.

Post Quarantine

Prior to commencing studies on campus, counselors will review the on campus protocol document <https://www.ittti.ca/ittti/wp-content/uploads/2020/07/Campus-Safety-Consent-Form-2020-English.pdf> which students signed prior to arrival. This document outlines the school procedures during COVID-19 pandemic: https://www.ittti.ca/ittti/wp-content/uploads/2020/07/School-Protocols-COVID19_ENG.pdf